



BSA Troop 101 – Rochester Hills, MI

PERSONAL EQUIPMENT LIST FOR A 2 NIGHT WINTER CAMPOUT

Keep this in mind:

- Layering is good
- Cotton is bad
- Extra is better than not enough

... and simply, "warm and dry, is lots of fun, cold and wet is good for none"!

_____ **BACKPACK WITH 2 PLASTIC BAGS INSIDE** (if not a backpack, a large Sports Equipment Bag, and/or Duffel Bag. Line it with a plastic trash bag first, to keep contents dry. Use the second bag to put clothes in when they get wet. That way they don't get your other clothes wet. *Don't just use trash bags without being in something else. They could get thrown away with the trash accidentally.*)

_____ **WARM JACKET OR 2** (remember, layering is best. A jacket with a fleece liner and shell are great for adjusting as you get warm and cold. In addition to a shelled jacket, a rain suit [coat & pants] is small, easy to pack and helps break the wind.)

_____ **FACE COVER** (scarf is o.k., balaclava is good, a neoprene face mask with a neck cover/scarf is best).

_____ **SNOW PANTS**

_____ **2 EXTRA PAIRS OF PANTS**

_____ **2 WOOL SWEATERS, or POLAR FLEECE SWEATSHIRTS**

_____ **2 LONG SLEEVE SHIRTS** (Wool or synthetic fiber for good insulation & fast drying).

_____ **2 SETS of LONG UNDERWEAR** (100% synthetic fabric, NOT "waffle pattern" cotton).

_____ **2 extra sets of UNDERWEAR**

_____ **4 pair HEAVY, NON-COTTON SOCKS & Liners.** Gor-Tex socks are great; comfortable, breath and stay warm even when wet. **(again - Make sure boots are NOT TIGHT!).**

_____ **STURDY, INSULATED WINTER BOOTS** (Rubber outers is better than leather, but either way, be sure they are waterproof and again, not too tight with even 2 pair socks on).

_____ **TRAVEL SHOES** (not too tight even with 2 pairs of socks, just in case your boots get too wet)

_____ **PLASTIC BAGS** (newspaper or bread wrappers, or plastic grocery bags to go under socks in case your boots get wet).

_____ **4 PAIR WINTER GLOVES / MITTENS** (As many as you own and can borrow – At least one pair of gloves and 2 pairs of mittens. Mittens are warmer than gloves and it is best if the gloves could fit inside one of the pairs of mittens if necessary)

_____ **2 WARM HATS** (One for Sleeping ONLY [not cotton and should be designed to stay on at night]).

_____ **WINTER SLEEPING BAG** (or 2 regular Sleeping Bags stuffed one inside the other; or a regular Bag and 2-3 Blankets. 1 or 2 zippered fleece liners are excellent additions.)

_____ **ADDITIONAL SWEAT PANTS & SWEAT SHIRT** (for sleeping only! Change ALL of your clothes, including your long underwear, inside your sleeping bag when you go to bed. During the day, take them off and hang to dry for the next night).

_____ **TWO (2) CLOSED-CELL FOAM SLEEPING PADS** (or one foam and one thermarest type or about 2-3" of newspapers for under your sleeping bag).

_____ **Personal ground tarp** (A reflective blanket [silver one side, orange other] is best, otherwise at least an additional plastic ground sheet.)

_____ **SUN GLASSES or GOGGLES** (They do not have to be expensive ones, but they should be polarized. If we hike in the open, the snow is bright on sunny days and the wind is tough at any time.)

_____ **GOOD QUALITY WHISTLE** (best if it can be snapped onto you jacket or on a neckchain).

_____ **POCKETKNIFE** (if you have your whittling chit or expect to get it during the campout).

_____ **FIRESTARTER** (Tinder and flint)

_____ **MESS-KIT (BOWL, CUP, FORK, SPOON, PLATE)** – (heavy-duty plastic keeps things warmer than metal and a large mouthed bowl can double as a plate).

_____ **ONE-QUART DRINKING WATER BOTTLE** ("Nalgene" Bottles should not be used for hot drink mixes, but they can be filled with hot water for inside sleeping bag).

_____ **ONE-DRINKING CUP WITH HANDLE** (good for hot chocolate and coffee. Putting hot chocolate, hot cider, etc... in Nalgene bottles will leave a residual taste after a while).

_____ **2 FLASHLIGHTS** (best to have a flashlight and a headlamp) **& EXTRA BATTERIES.**

_____ **WATCH** (for the obvious as well as a make-shift compass when in a pinch).

_____ **2 LENGTHS OF ROPE** (___ One 4 ft. piece for practicing knots and ___ One 50' ft of "parachute chord" for clothesline and general purpose use including lashing things).

_____ **PERSONAL FIRST AID KIT**

_____ **PEN, PENCIL, SMALL NOTEBOOK, BSA HANDBOOK** (No, you can't borrow ours).

_____ **COMPASS with a BASEPLATE**

_____ **TOILETRY KIT** (Small Hand Soap, Small Toothpaste, Toothbrush, Comb, Chap Stick, Floss, facial tissues, Fast-Drying Camp Towel, Hand Sanitizer).

_____ **TOILET PAPER** (Half a roll in a Zip-Lock bag just in case of emergencies).